

Breastfeeding Collaborative

of the Will County MAPP Collaborative



The MAPP Breastfeeding Collaborative is working to help lower Will County's high infant mortality rate by supporting breastfeeding across our community. If you're expecting or have a baby or young child, check out our list of breastfeeding resources. You'll find information for parents and caregivers, including resources for fathers and for Black and Latino families, plus much more to support you on your journey.

Breastfeeding Classes/Clases sobre lactancia

[Endeavor Health Edward Hospital](#)
[Silver Cross Hospital](#)
[Saint Joseph Medical Center](#)
[UChicago Medicine AdventHealth](#)
[Will County Health Department WIC](#)
[Ready Set Baby Live Online Classes](#)
[International Breastfeeding Centre Online Classes](#)

Lactation Professionals/ Especialistas en lactancia

[Find a Lactation Consultant Directory](#)
[Find Breastfeeding Support Map](#)
[The Lactation Network](#)
[The Nest Collaborative](#)

Community Support/Apoyo de la comunidad

[Endeavor Health Edward Hospital, Nurturing Mom](#)
[An Expectant Mother's Guide to Eating Illinois Fish](#)
[Mother's Milk Bank of the Western Great Lakes](#)
[United Way of Will County, Diaper Depot](#)
[Will County Health Department WIC, Milk Depot](#)

National Resources/Recursos nacionales

[National Domestic Violence Hotline: 800-799-7233 for 24/7 confidential help or text "START" to 88788](#)
[Postpartum Support International: 800-944-4773 \(Call or text "help"\)](#)
[National Maternal Mental Health Hotline: 833-TLC-MAMA \(24/7 English and Spanish\)](#)
[Fussy Baby Network \(R\): 888-431-2229](#)
[Office on Women's Health \(Breastfeeding\)](#)
[Institute for the Advancement of Breastfeeding and Lactation Education](#)

Breastfeeding Support Groups/ Grupos de apoyo para la lactancia materna

[Cradle Talk](#)
[The Nurturing Nook](#)
[The Milk Circle](#)

Support for Fathers/Apoyo para los papás

[Dad Central, New Dad Manual](#)
[Dad's Role in Breastfeeding](#)
[A Message for Dads](#)
[Ten Ways Dad Can Help with Breastfeeding](#)
[Warm Chain for Breastfeeding](#)

Support for Black Families/ Apoyo para familias afroamericanas

[Black Mothers' Breastfeeding Association](#)
[Black Women Do Breastfeed](#)
[Breastfeeding Support Group for Black Moms](#)
[It's Only Natural](#)
[Mocha Moms, International: Illinois Chapter](#)
[Rose: Reaching Our Sisters Everywhere](#)

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Breastfeeding Resources in Spanish/Recursos de lactancia en español

[Alimentación Infantil: Un Guía para Padres y Cuidadores: Mitos y Verdades](#)

[Clase de Educación Prenatal Virtual: Ready, Set, Baby](#)

[Dale a Tu Bebé un Inicio de Vida Saludable con Leche Materna](#)

[Dieta Saludable al Amamantar](#)

[Recursos Educativos para la Lactancia](#)

Additional Pregnancy and Breastfeeding Support/Apoyo adicional para el embarazo y la lactancia

[American Academy of Pediatrics, Breastfeeding](#)

[Baby Gooroo](#)

[Breastfeeding After Reduction](#)

[Breastfeeding Basics](#)

[Breastfeeding Made Simple](#)

[Breastfeeding in the Military: Global Military Lactation Community](#)

[CDC, Environmental and Chemical Exposures and Breastfeeding](#)

[CDC, What to Expect While Breastfeeding](#)

[First Droplets](#)

[Illinois Department of Women's Health-line: 888-522-1282](#)

[Illinois Public Health Institute, Resources for Moms](#)

[Illinois Public Health Institute, Illinois Breastfeeding Virtual Support Videos](#)

[International Breastfeeding Centre: The Newman Breastfeeding Clinic](#)

[Kelly Mom Parenting/Breastfeeding](#)

[Lactation Education Resources, Parent Handouts \(multi-language\)](#)

[Mastitis in Breastfeeding](#)

[Stanford Medicine, Newborn Nursery](#)

[The 4th Trimester Project](#)