



Depending on what you are being tested for, your doctor may need to perform a physical exam and take a blood, urine, or swab sample for testing... **Easy!**

- If I need to be tested?
- What STDs are most common? How will I know I've never been tested for STDs, do I need to be tested by asking:

**A pap exam does not test for STDs.**  
You can bring up STD testing to your doctor by asking:

You will have to ask your doctor to be tested. isn't included in a regular sexual health exam, so talk to your doctor about being tested. STD testing you are worried you've been exposed to an STD, cause long-term health issues, like infertility. If be easily overlooked. If left untreated, STDs can symptoms. Or they may have mild signs that can transmitted disease (STD) but have no signs or The truth is, a person can have a sexually

**Most people think they would know if they had an STD...*wrong!***  
**What you don't know may hurt you...**

**Need youth-friendly STD testing or birth control services for little to no cost? Scan the code below to see a list of providers near you.**



**Write your doctor's information below for quick access:**

Doctor's Name

Doctor's Phone Number

For more information about how to stay healthy & the resources available in your community, view our website and follow us on Facebook, Twitter & Instagram:

[WillCountyHealth.org](http://WillCountyHealth.org)



[WillCountyHealthDepartment](http://WillCountyHealthDepartment)



[@WillCoHealth](https://twitter.com/WillCoHealth)



[letstalk\\_wchd](https://www.instagram.com/letstalk_wchd)

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# The teen's pocket guide



Will County Health Department & Community Health Center

# 5 questions your doctor will ask you about your sexual health

We know it's a little uncomfortable, but... in order for your doctor to understand your reproductive and sexual health needs, it's important for you to be honest when answering their questions. When you openly discuss your behaviors—like birth control use or previous STD testing—with your doctor, it gives them an opportunity to teach you how to stay healthy, counsel you through sexual health concerns, and connect you to needed health services, like birth control.

## 1 Partners

Are you currently sexually active? How many partners have you had?



*Prepare for your doctor's visit by reviewing these 5 questions your doctor will ask you about your sexual health:*

## 5 Prevention

Are you concerned about getting pregnant or getting your partner pregnant?

## 2 Practices

What kind of sexual contact do you have or have you had?

## 3 Protection

What kind of protection do you use & how often do you use it?

## 4 Past history

Have you or your partner ever been tested for STDs or HIV?



Don't worry, your conversations with your doctor are private. To learn more about your health care rights, scan this code.

