



# FREQUENTLY ASKED QUESTIONS (FAQs): COVID-19 VACCINATION



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**Q: If I already had COVID-19, do I still need the vaccine?**

A: **YES**; natural immunity for COVID-19 lasts only a few months and is largely only for the variant that you were infected with. Natural immunity **WILL NOT** protect you long term and **WILL NOT** fully protect you against other variants of COVID-19.

**Q: Can I get COVID-19 from the vaccine?**

A: **NO**; all 3 vaccines **CANNOT** infect you with COVID-19. The vaccines **DO NOT** contain the live virus. They simply teach your cells how to create antibodies against COVID-19 to fight off infection if you come in contact with the virus.

**Q: What are the side effects of the vaccine?**

A: For most people, the side effects from the vaccines are mild and can last up to 36-48 hours, including fever, muscle aches, and headache. Severe reactions are rare, but you will be observed for 15-20 mins after each dose to make sure you feel okay. If you have had reactions to other vaccines, consult your doctor before you take the COVID-19 vaccine.

**Q: Will the vaccine change my DNA?**

A: **NO**; the vaccine **WILL NOT** alter or change your DNA in any way. The vaccine is only comprised of the genetic material for the surface protein, not the entire virus. It will not change any DNA in the nucleus of your cells.

**Q: Is there a microchip or tracking device in the vaccine?**

A: **NO**; all 3 vaccines **WILL NOT** inject a microchip or tracking device into your body. The vaccines do not contain either.

**Q: How were the vaccines developed so fast? Can I trust them?**

A: The technology used in the vaccines were not developed as fast as you think. The Pfizer and Moderna vaccines use mRNA technology, which has existed and has been researched for nearly 2 decades. This technology has been studied since the SARS and MERS epidemics in the early 2000s. The Janssen (J&J) vaccine uses a viral vector (not live virus), which many other vaccines use and this method has been studied for decades. COVID-19 vaccines were able to be developed quickly to address the global crisis due to decades of research on how to use the technologies safely and efficiently.

**Q: Should I get vaccinated if I am pregnant or want to get pregnant in the future?**

A: **YES**; IT **WILL NOT** be of harm to you or your baby if you are pregnant - in fact, health providers and scientists are strongly recommending that pregnant women get vaccinated to prevent the possibility of severe infection and long-lasting effects for pregnant mothers and their unborn babies. The vaccine is also safe for those who are trying to get pregnant now or later. The vaccine **DOES NOT** cause infertility or fertility issues.

**TRUST THE FACTS, GET THE VAX!!**

