WHY YOUR ADOLESCENT SHOULD HAVE TIME ALONE WITH THEIR DOCTOR

Protects their health

Bright Future Guidelines recommend that adolescents ages 11-21 have private time with their doctor to talk about health concerns they may not want their parents or guardians to know about.

Address Risky Behaviors

Adolescents are more likely to engage in risky behaviors like substance use and unprotected sex. They may not feel comfortable talking about these issues with their parents or guardians.

Empowerment

Private consultation time gives adolescents the chance to be in charge of their healthcare. Adolescents will gain confidence to address health concerns without their parents or guardians.

To set up an appointment please call: 815-727-8480

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