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A pap exam does not test for STDs.

You can bring up STD testing to your
doctor by asking:

• I’ve never been tested for STDs, do I need to be tested?
• What STDs are most common? How will I know I’ve never been tested for STDs, do I need to be tested?

You are worried you’ve been exposed to an STD, but have no signs or symptoms. Or they may have mild signs that can be easily overlooked. If left untreated, STDs can cause long-term health issues, like infertility. It isn’t included in a regular sexual health exam, so you will have to ask your doctor about being tested.

STD testing is easy! Depending on what you are being tested for, your doctor may need to perform a physical exam and take a blood, urine, or swab sample for testing.

The teen’s pocket guide

Need youth-friendly STD testing or birth control services for little to no cost? Scan the code below to see a list of providers near you.

Write your doctor’s information below for quick access:

Doctor’s Name

Doctor’s Phone Number

For more information about how to stay healthy & the resources available in your community, view our website and follow us on Facebook & Twitter:

WillCountyHealth.org

The teen’s pocket guide

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We know it’s a little uncomfortable, but... in order for your doctor to understand your reproductive and sexual health needs, it’s important for you to be honest when answering their questions. When you openly discuss your behaviors—like birth control use or previous STD testing—with your doctor, it gives them an opportunity to teach you how to stay healthy, counsel you through sexual health concerns, and connect you to needed health services, like birth control.

1. **Partners**
   Are you currently sexually active? How many partners have you had?

2. **Practices**
   What kind of sexual contact do you have or have you had?

3. **Protection**
   What kind of protection do you use & how often do you use it?

4. **Past history**
   Have you or your partner ever been tested for STDs or HIV?

5. **Prevention**
   Are you concerned about getting pregnant or getting your partner pregnant?