Nicotine is highly addictive & can interfere with normal brain development when exposed before the age of 25

"JUULing" refers to using one brand of e-cigarette called JUUL, which is very popular among kids, teenagers & young adults

All JUULs contain nicotine

They are small, sleek, high tech-looking & easy to hide. They look like USB flash drives & can be charged in a computer

JUULs can be hidden in the palm of the hand & are hard to detect because they give off very little vapor or smell

Kids & teenagers are known to use them in school restrooms and even in the classroom

Know what to look for

JUUL pods contain as much nicotine as a pack of cigarettes!!

1 JUUL pod = 20 cigarettes worth of nicotine!

According to the 2018 Illinois Youth Survey, e-cigarette use in 8th grade increased by 66% & use in 12th grade increased by 18% in Will County since 2016
E-cigarette & Vaping Related Respiratory Illness

- According to the CDC, more than 2,600 cases of severe lung illness, associated with the use of vaping products, has been reported in all 50 states (several cases reported in Will County)
- **More than 50 deaths** have been confirmed, including in **Illinois**
- The CDC **has not** identified a specific substance or e-cigarette product that is **linked to all cases**—it is advised to not use any vaping products at this time

**Known Symptoms Include:**
- cough, shortness of breath, or chest pain
- nausea, vomiting, or diarrhea
- fatigue, fever, or unexplained weight loss

Patients have reported that their symptoms developed over **a few days**, or over **several weeks**

*If you do use e-cigarettes & experience any of these symptoms, please seek medical attention as soon as possible*

Regardless of this outbreak, the CDC recommends:
- Youth and young adults should not use e-cigarette products
- Women who are pregnant should not use e-cigarette products
- Adults who do not currently use tobacco products should not start using e-cigarette products
- You should not modify e-cigarette products or add any substances to these products

Smokers, and those who vape, who are attempting to quit can call the Illinois Tobacco Quitline at 1-866-QUIT-YES or visit QuitYes.org