E-Cigarette and Vaping Information

Electronic cigarettes, or e-cigarettes, are devices that deliver nicotine and flavorings in the form of an aerosol, or vapor. There are many different types, some resembling common household items such as USB flash drives. E-cigarette aerosol contains numerous harmful chemicals, known carcinogens, and heavy metals. According to the Illinois Youth Survey 2018, 35% of Will County 12th graders used e-cigarettes in the past 30 days. In the past few months, there have been cases of a mysterious lung illness among people who were vaping and multiple deaths are being reported. This is a growing problem in our community.

For more information on e-cigarettes, check out the links below.

IDPH
Illinois Department of Public Health-E-cigarettes and Vapes:
Find up to date information on the mysterious lung illness associated with vaping in Illinois, information on what e-cigarettes are, and data on e-cigarette use among youth in Illinois. This page also includes links to factsheets, infographics and other webpages related to e-cigarettes.
http://dph.illinois.gov/topics-services/prevention-wellness/tobacco/e-cigarettes-and-vapes

Truth Initiative:
This site includes information on what is in an e-cigarette, types of e-cigarettes, levels of nicotine, data on current use among middle and high school students, and young adults, marketing, and current policies. Also, it includes downloadable reports and links to related materials.

American Lung Association:
This resource page includes information on e-cigarettes and downloadable content for parents, schools, and teens. It also includes an additional resource page that includes links to factsheets, toolkits, and policy development pages.

Food and Drug Administration:
This page provides data on e-cigarette use among youth in the U.S, information on F.D.A. regulation of e-cigarettes, information on where to report a problem with tobacco products, and links to additional resources.

Illinois Tobacco Quitline:
This site provides resources and counseling services for tobacco users who want to quit. Some services are free. Click or call for more information.
1-866-QUIT-YES (784-8937) Mon-Fri, 7a – 9p CST / Sat & Sun, 9a – 5p CST
https://quityes.org/

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