

E-Cigarette and Vaping Information

Electronic cigarettes, or e-cigarettes, are devices that deliver nicotine and flavorings in the form of an aerosol, or vapor. There are many different types, some resembling common household items such as USB flash drives. E-cigarette aerosol contains numerous harmful chemicals, known carcinogens, and heavy metals. According to the Illinois Youth Survey 2018, 35% of Will County 12th graders used e-cigarettes in the past 30 days. In the past few months, there have been cases of a mysterious lung illness among people who were vaping and multiple deaths are being reported. This is a growing problem in our community.

For more information on e-cigarettes, check out the links below.



Illinois Department of Public Health-E-cigarettes and Vapes:

Find up to date information on the mysterious lung illness associated with vaping in Illinois, information on what e-cigarettes are, and data on e-cigarette use among youth in Illinois. This page also includes links to factsheets, infographics and other webpages related to e-cigarettes.

<http://dph.illinois.gov/topics-services/prevention-wellness/tobacco/e-cigarettes-and-vapes>



Truth Initiative:

This site includes information on what is in an e-cigarette, types of e-cigarettes, levels of nicotine, data on current use among middle and high school students, and young adults, marketing, and current policies. Also, it includes downloadable reports and links to related materials.

<https://www.truthinitiative.org/research-resources/emerging-tobacco-products/e-cigarettes-facts-stats-and-regulations>

American Lung Association:

This resource page includes information on e-cigarettes and downloadable content for parents, schools, and teens. It also includes an additional resource page that includes links to factsheets, toolkits, and policy development pages.

<https://www.lung.org/stop-smoking/smoking-facts/e-cigarettes-and-lung-health.html>

Illinois Tobacco Quitline:

This site provides resources and counseling services for tobacco users who want to quit. Some services are free. Click or call for more information.

1-866-QUIT-YES (784-8937) Mon-Fri, 7a – 9p CST / Sat & Sun, 9a – 5p CST

<https://quityes.org/>



Food and Drug Administration:

This page provides data on e-cigarette use among youth in the U.S., information on F.D.A. regulation of e-cigarettes, information on where to report a problem with tobacco products, and links to additional resources.

<https://www.fda.gov/tobacco-products/products-ingredients-components/vaporizers-e-cigarettes-and-other-electronic-nicotine-delivery-systems-ends>



Additional Vaping Resources

For Teens

For Parents

For Schools