

Make the most of your teen's doctor visit!

Teens should see their primary doctor once a year for a "well-care" visit.

What is a well-care visit?

Once a year appointments with your teen's doctor that make sure they are healthy.

Why is this important for my teen?

Teens go through many changes in a short time, which makes it important for them to see their doctor to promote healthy behaviors, prevent risky ones, and to detect conditions that can interfere with physical, social, and emotional development.

What services are included in the visit?

Your doctor will: Ask you and your teen questions about their health. Do a physical exam, including checking their height, weight, and blood pressure. Give any necessary shots. Give information for education and support.

Will my insurance cover the visit?

A well-care visit is free under private and Medicaid insurance.

How can I schedule my teen's visit?

Call your doctor's office to make an appointment. Let the office know what services you want done during the visit so they can set aside enough time. The office can tell you ahead of time if the visit is a well-care or sick visit.

