



## ABOUT

The Groundwork Program was established in 1983 to address the needs of survivors of domestic violence and to provide critical resources to help them break the cycle of family violence. Groundwork is a leading provider of comprehensive services to those who may be experiencing violence in the home. Central to Groundwork's philosophy is the strong conviction that all individuals have the inalienable right to live free from violence. Through the support of an informed community, we can help survivors exercise these rights. All services offered through the Groundwork Program are free of charge. Services are also available in Spanish.

### 24-HOUR DOMESTIC VIOLENCE HOTLINE:

EMERGENCY ASSISTANCE, SUPPORT & INFORMATION AVAILABLE 24-HOURS A DAY, 365 DAYS A YEAR:

**815-729-1228**

### GRUNDY COUNTY SATELLITE OFFICE:

**815-941-2261**

### GACS MAIN OFFICE:

168 N. OTTAWA STREET  
JOLIET, IL 60432  
PHONE: 815-729-0930  
FAX: 815-744-6087



# GROUNDWORK DOMESTIC VIOLENCE PROGRAM

COMPREHENSIVE SERVICES FOR INDIVIDUALS & FAMILIES IMPACTED BY DOMESTIC VIOLENCE



## FREE & CONFIDENTIAL SERVICES:

### EMERGENCY SHELTER

Our 30 bed shelter provides a temporary safe haven for women and their children who are survivors of domestic violence, 365 days a year.

### INDIVIDUAL COUNSELING

Our trained professionals provide one-on-one counseling to adults and children. Survivors explore the impact domestic violence has had on their lives in a supportive environment while safety planning, healing, and defining goals to self-empowerment.

### GROUP COUNSELING

Together with others who share the pain of domestic violence, victims become survivors in talking about their experiences and realizing that they are not alone. Led by a trained professional counselor, group participants have the opportunity to learn new life skills and regain their sense of self-esteem and well-being. Groups are offered several times throughout the week for both women and children.

### LEGAL & MEDICAL ADVOCACY

Legal advocates, while not lawyers, assist survivors of domestic violence in obtaining orders of protection, pressing criminal charges, and navigating the court system. Trained medical advocates are available 24/7, 365 days per year to provide crisis intervention services to survivors in emergency rooms. Advocates provide information and emotional support to help survivors make informed choices and regain a sense of control over their lives.

### SUPPORT GROUPS & COMMUNITY PRESENTATIONS

Support groups for adult survivors of domestic violence are offered at several locations throughout the community. Also, members of our trained professional staff are available to give educational presentations to churches, community groups and other organizations.

### PRESENTATIONS & TRAINING

Our presentations and trainings offer social service, law enforcement, education professionals', and volunteers valuable resources, and information regarding of domestic violence.



FOR MORE INFORMATION OR TO COMPLETE AN INTAKE AND BEGIN YOUR JOURNEY WITH THE SUPPORT OF THE GROUNDWORK PROGRAM, CALL OUR 24-HOUR HOTLINE:

**815-729-1228**

FOR SERVICES IN THE GRUNDY COUNTY AREA, PLEASE CONTACT OUR GRUNDY COUNTY SATELLITE OFFICE AT 815-941-2261. FOR EMERGENCIES, CALL THE HOTLINE: 815-729-1228

## CONTACT

For additional information please contact Amirrah Abou-Youssef, Program Manager at 815-729-0930, ext. 1429 or [aabou-youssef@gacsprograms.org](mailto:aabou-youssef@gacsprograms.org)

OUR MISSION IS TO EMPOWER PEOPLE TO IMPROVE THE QUALITY OF THEIR LIVES

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